

TMC would like to thank all of the TMC Heroes that are working as front-line employees to help our community during COVID-19. We appreciate you sharing your story with our team. **We are beyond thankful for each of you that continues to fight in this pandemic.**



Once you fill out the form, please email it to Heroes@tmc.edu and a team member will be in touch to share a social media graphic that reflects your nomination form answers. If you nominate someone else, we will share the graphic with you and the person you have nominated.

All submissions must include (1) photo or (1) video for us to share on social media.

PLEASE CHECK ONE: Self-nominating, or nominating someone else

If Nominating someone else please explain why.

First & Last Name

Email Address

Hospital or Company Name

Role or Title

Years of Service

PLEASE PICK ONE OF THE FOLLOWING PROMPTS AND WRITE 150 WORDS OR LESS.

- What has kept you motivated during the COVID-19 pandemic?
- Is there something you wish people knew about this year and COVID-19?
- What are you most looking forward too after COVID-19?
- What does a day in the life look like for you?
- Have you had a moment during this time that you felt relief, satisfaction, or a moment you knew this is your calling?