

TMC would like to thank all of the TMC Heroes that are working as front-line employees to help our community during COVID-19. We appreciate you sharing your story with our team. **We are beyond thankful for each of you that continues to fight in this pandemic.**



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Once you fill out the form, please email it to [Heroes@tmc.edu](mailto:Heroes@tmc.edu) and a team member will be in touch to share a social media graphic that reflects your nomination form answers. If you nominate someone else, we will share the graphic with you and the person you have nominated.

**All submissions must include (1) photo or (1) video for us to share on social media.**

**PLEASE CHECK ONE:**    Self-nominating, or    nominating someone else

If Nominating someone else please explain why.

First & Last Name

Email Address

Hospital or Company Name

Role or Title

Years of Service

**PLEASE PICK ONE OF THE FOLLOWING PROMPTS AND WRITE 150 WORDS OR LESS.**

- What has kept you motivated during the COVID-19 pandemic?
- Is there something you wish people knew about this year and COVID-19?
- What are you most looking forward too after COVID-19?
- What does a day in the life look like for you?
- Have you had a moment during this time that you felt relief, satisfaction, or a moment you knew this is your calling?