Council Members Present:
Bonnie Weisman, Baylor College of Medicine
Rondey Green, Gulf Coast Regional Blood Center
Sheila Coggins, Houston Methodist
Brian Triulzi, Memorial Hermann
Monica S. Baisen, University of Houston
Jean Grove, UTHealth
Mary Cronin, Rice University
Randy Graham, St. Thomas University

Guest Speakers Present:
Teresa Carroll, American Heart Association
Amanda Payne, American Heart Association
Anne Genevieve Gallivan, American Heart Association

TMC Member Present:
Larry Stokes, SVP Shared Services
Tosha Mayo, Executive Liaison
Jillian Trackewll, Talent Acquisition Specialist
Tatum Boatwright, Marketing Associate
HIGHLIGHTS

I. Welcome & Introductions – Larry Stokes, TMC & Bonnie Weisman, Baylor College of Medicine

- Our meeting commenced shortly after noon. Everyone present went around the room and introduced themselves.

II. Guest Speaker: American Heart Association – Teresa Carroll & Amanda Payne, Corporate Market Directors, Houston Heart Walk

- Teresa Carroll from the American Heart Association spoke about the heart walk their mission, goals and ways our council can help participate in AHA. The American Heart Association will be hosting their annual heart walk on November 5, 2016 in the Texas Medical Center.
- The AHA had a goal by 2020, to improve the cardiovascular health of all Americans by 20%, while reducing deaths from cardiovascular disease by 20%. Cardiovascular disease is the #1 killer of all Americans and stroke is the #5 and is the leading cause of disability in the U.S.
- Currently, in Houston about 65% of our community is either overweight or obese. The American Heart Association is here to help lower these numbers and work with partners to spread the awareness. This organization constantly encourages members to eat better and spend time during their day incorporating exercise into their diet.
- Join the heart walk today! Ability to inspire and activate co-workers and employers in your institution. The link below will allow you to register to walk with the AHA on November 5, 2016.
  - [http://www.heartwalk.org/site/c.flKUieOUlgJ8H/b.8939141/k.BD45/Home.htm](http://www.heartwalk.org/site/c.flKUieOUlgJ8H/b.8939141/k.BD45/Home.htm)

III. Round Table Discussion: TMC Institution Collaborative Efforts

- The council participated in a round table discussion on collaborative efforts between the member institutions. This council continues to grow and support one another to keep a collaborative environment at the meetings.
- An idea that Bonnie suggested was holding open houses at different member institutions. Doing this, would allow for members to drop the competitive barriers and invite everyone to feel comfortable and welcome coming to each
other’s campuses. The open houses will help show the institutions operations and meet individuals from other campuses.

- A second idea that was generated in our round table was to build a leadership class. This could be structured as a workshop or a yearlong class and members of our council could take turns in teaching the council a topic of their choice.
- Both ideas would be relatively inexpensive ways to train and host the council members and their teams. Also, both of these ideas will allow for a networking opportunity among different institutions. A common problem that was discussed with members was in regards to employee relations. In this position, you are always looking for the next networking opportunity. Many members stated that they have a team member ready to move up but do not have a spot available at the needed time. Opportunities such as these will allow for the HR teams to network with one another and keep the TMC talent within the TMC.
- At the end of our discussion, the council let with a goal to host four of these events in 2017.

IV. Council Updates:

- American Heart Walk – November 5, 2016
- JA Inspire – Katelyn Orenchuk, TMC
  - Junior Achievements will be hosting JA Inspire in Houston on December 7 & 8, 2016 at the George R. Brown Convention Center. JA Inspire was developed to provide middle school students with insights into a potential future. During the event students will participate in a variety of education activities such as, industry presentations, career stations and soft skill presentations. Students will be able to learn about different areas of an industry and learn interpersonal skills that will help them during their young professional years.
  - We are inviting TMC members to join us during these days to help share your story to these kids. We will be sending additional information soon, however, we would love for each of you to participate!

V. Action Items:

- **Council Members**: Please sign up for the Heart Walk that will be on November 5, 2016. Encourage your institutions to sign up for a team today!
- **Co-Chairs & Tatum Boatwright**: Begin planning the first TMC institution collaboration event. I will send an email to follow up.
- **Council Members**: If you would like to host one of our open houses, please email Tatum Boatwright ([tboatwright@tmc.edu](mailto:tboatwright@tmc.edu)).
- **Council Members**: If you are interested in joining the TMC at JA Inspire, please email Tatum Boatwright ([tboatwright@tmc.edu](mailto:tboatwright@tmc.edu))

Next Meeting:
Date TBA
TMC Executive Offices – Trevisio
6550 Bertner Ave.
Sixth Floor
Houston, TX 77030